



Patient Advocate Program

TEACH IN March 31, 2026

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Medicare Advantage Plans May Waive the 3-Day Rule to Pay for Rehab in a Nursing Home

DATE: Tuesday, March 31, 2026 **TIME:** 10:00 AM - 11:00 AM

SPEAKER: Marcus Harazin, Coordinator, Patient Advocates Program, New York StateWide Senior Action Program

TO REGISTER for the ZOOM Webinar event: Scan the QR code, click [HERE](#),
or visit our website at www.nysenior.org



To connect via phone: 646-558-8656, Webinar ID: 898 9746 8819#

Session Overview

Under traditional Medicare, beneficiaries generally qualify for Medicare-covered skilled nursing facility (SNF) rehabilitation only after a 3-day inpatient hospital stay (observation or ER time does not count) or a prior SNF stay. This is an option for Medicare Advantage Plans and not mandated.

This waiver may allow coverage for SNF care to help them rehabilitate after receiving acute care without a 3-day hospital stay. Many beneficiaries in New York State are now enrolled in Medicare Advantage Plans. However, this option is not widely known and many beneficiaries are unaware of whether they qualify.

This Teach-In will explain how the waiver works and how beneficiaries can find out if their Medicare Advantage Plan covers SNF rehabilitation.

In this session you will learn about:

- What is the SNF Three Day Rule Waiver?
- Who is eligible for the waiver?
- How nursing homes can participate.
- Beneficiary rights under the waiver
- How to find out if your Medicare Advantage Plan participates

STATE WIDE
New York StateWide Senior Action Council, Inc
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www.nysenior.org • 800-333-4374

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Patients' Rights Helpline 800-333-4374

About our Teach ins



Save the Date: Tuesday April 28 - Medical Aid in Dying Act in NYS

Our Teach-Ins are designed for StateWide members as well as individuals and organizations across New York State who are committed to helping older adults remain independent and access the services they need.

Each session features expert speakers who share their professional insights on important issues affecting seniors. If you missed a previous Teach-In, you can find recordings of past sessions at www.nysenior.org/telephone-teach-ins/.

Instructions and Other Information about Teach ins

- Sessions are in webinar mode, all attendees video and audio will be off. Attendees will be able to type in their questions during the Q&A portion of the meeting.
- Materials from Teach Ins are posted on our website www.nysenior.org
- For more information about our Teach ins, visit our website homepage:
 1. On the red navigation bar, click on **Our Helplines**
 2. In the drop down menu, click on **Patient's Rights Helpline**
 3. Look for the Teach in button **Click Here for Teach ins**.
This button will take you to additional information about upcoming and past Teach ins, powerpoint presentations and recordings.

[CLICK HERE FOR TEACH INS ▶](#)

NY STATEWIDE SENIOR ACTION COUNCIL is a not-for-profit grassroots membership organization made up of individuals and organizations with an interest in improving the lives of senior citizens.

FUNDING FOR OUR PATIENT ADVOCATES PROGRAM is being provided through the generous support of the NYS Legislature and administered by the NYS Office for the Aging.

THE STATEWIDE PATIENTS' RIGHTS HELPLINE IS TOLL FREE AT 800-333-4374.

Information is also available on the StateWide website at www.nysenior.org

E-MAIL QUESTIONS TO: patientsrights@nysenior.org

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