

**New York StateWide Senior
Action Council presents:**

SENIOR GRASSROOTS DAY

MAY 11, 2026

WHERE

**Convention Center
Empire State Plaza
in Albany, N.Y.**

Plans are being made
to provide free charter
buses to Albany.

WHEN

Monday, May 11

Transportation is
limited. Registration
is required by

May 1, 2026

AGENDA

Briefing Time — 11 AM

After briefing,
attendees to meet with
State Legislators from
their regions.

NOW MORE THAN EVER, YOUR VOICE IS NEEDED!

This is your chance to meet with lawmakers, share your story, and push for policies that support the health, financial security, and well-being of older adults.

YOUR ADVOCACY CAN DRIVE CHANGE.

Seniors are a powerful force in shaping public policy. Together, we can ensure lawmakers prioritize the issues that matter most to us. Your participation will make a difference!

- ☒ **Sign Up Today! Contact us at 800-333-4374 to register.**
- ☒ **Transportation Available:** Let us know if you need a ride to Albany.
- ☒ **Bring Your Questions and Ideas:** This is your opportunity to have your concerns addressed by key decision-makers.



New York StateWide Senior Action Council, Inc
4 Computer Drive West, Suite 205, Albany, NY 12205 • Fax 518-436-7642
www.nysenior.org • 800-333-4374

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