

★ **ALBANY COUNTY CHAPTER** ★



**Bob Sinacore**

**Happy Spring,**

We're in the midst of the budget season in Albany and I hope we are contacting our legislators to advocate for Statewide's funding & senior services. We have planned a

chapter meeting for **May 2, at 2 PM at Ohav Shalom Apartments**. We will have a speaker from Eddy Senior Care program. She will inform us about their Programs of All-Inclusive Care for the Elderly (PACE) program which provides a comprehensive package of services to individuals who want to continue to age in place at home. PACE is approved by the U.S. Centers for Medicare and Medicaid Services. The Federal government has found this model to be very successful and is looking to expand it.

Best wishes for a happy Spring and hope to see you at the meeting.

Bob Sinacore, *Albany Chapter President*

**UPCOMING WEBINAR - APRIL 23, 10 AM**

**TOPIC:** How to Appeal a Hospital or Nursing Home Discharge or Complaint about the Quality of Care from a Health Care Provider

**SPEAKER:** Bryan Y. Fischer, Community Outreach and Education Coordinator and Provider Relations, Livanta

**REGISTER:** Use your smartphone to scan the QR code, or visit online at [www.nysenior.org](http://www.nysenior.org)



**Fraud Alert: Catheter Kits**

Medicare beneficiaries across the country are finding charges worth thousands of dollars on their Medicare statements related to urinary catheters that were not needed or received. **Here are some tips to protect yourself:**

- If you receive medical supplies such as catheter kits in the mail, don't accept it unless it was ordered by your physician.
- Be suspicious of those who offer you "free" medical supplies, then ask for your health insurance information.
- Review Medicare Summary Notices (MSNs) and Explanation of Benefits (EOBs) for claims out of state or by a doctor you've never seen before.

**If you are billed for services or supplies that you didn't receive or weren't ordered by your doctor, report it to the NYS Senior Medicare Patrol (SMP) at 800-333-4374.**

This project was supported by grant number 90MPPG01701, from the U.S. Administration for Community Living

**SAVE THE DATES OCT 21-23, 2024**

**JOIN US FOR STATEWIDE'S  
2024 ANNUAL CONVENTION**

**NEW LOCATION, the Embassy Suites  
in Saratoga Springs!**

Dates: October 21-23, 2024

Panel Discussions, Interactive Forums,  
Exhibit Hall, Connecting with Friends

Call 800-333-4374 for more information



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## FREE LECTURE AND DISCUSSION

**"Ageism Unmasked: Exploring Age Bias and How to End It"**

**When:** Tuesday, April 9 at 2:30 PM

**Where:** Albany Academy's Caird Chapel, Back of Upper School Campus, 135 Academy Road - Albany. (free parking)

**Who:** Dr. Tracey Gendron, Executive Director, Virginia Center on Aging

In her eye-opening presentation, Dr. Gendron will challenge the audience to consider that, "Everything you know about aging is wrong." This provocative and admittedly hyperbolic statement opens the door to a broader understanding of the myths, misconceptions, and manipulations we have come to accept about growing older.

Using her sharp wit and real-world examples, Dr. Gendron transforms decades of research about age discrimination into a thought-provoking and often humorous conversation and provides actionable steps toward overcoming ageism within ourselves, our communities, our policies, and our culture.

## FREE EVENT FOR SENIORS

**Senior Citizens' Law Day**

**When:** Saturday, April 27, 2024

**Where:** Albany Law School, 80 New Scotland Avenue, Albany, NY

**Parking:** Free Parking will be available on campus

**Register:** Call the Justice Center at 518-445-2328 –or- Visit online at:

[Albany Law School - Campus - 2024 Senior Citizens' Law Day – Registrant \(imodules.com\)](https://www.albanylaw.edu/campus-2024-senior-citizens-law-day-registrant-imodules.com)

You can also scan this code with your smartphone



Senior Citizens' Law Day is a free event for seniors, soon-to-be seniors, their loved ones, and caregivers presented by Albany Law School's Pro Bono Program.

Join us for the workshops and consultations conducted by Albany Law professors, attorneys, and other experts.



ALBANY LAW SCHOOL

NY StateWide Senior Action Council presents:

# ALBANY CHAPTER QUARTERLY MEETING

**MAY 2, 2024 2:00 PM**

**Ohav Shalom Senior Apartments  
First Floor Community Room  
115 Krumkill Road, Albany**

A representative from Eddy Senior Care program will talk with us about their Programs of All-Inclusive Care for the Elderly (PACE) program. The PACE program provides a comprehensive package of services to individuals who want to continue to age in place at home.

- Everyone is invited to this Albany Chapter Meeting.
- Refreshments will be served.
- Please park in the Ohav Shalom Synagogue lot and follow the sidewalk to the building.



**New York StateWide Senior Action Council, Inc**  
275 State Street, Albany, NY 12210 • 800-333-4374 • Fax 518-436-7642  
[www.nysenior.org](http://www.nysenior.org)

*New York StateWide Senior Action Council (StateWide) is a not-for-profit grassroots senior advocacy organization founded in 1972 to improve the quality of life for NY seniors and their families.*

**MEDICARE HELPLINE 800-333-4374**