



Remote Patient Monitoring Scams

What is Remote Patient Monitoring (RPM)?

- Remote patient monitoring is the use of digital technologies to **collect health data from patients in one location and electronically transmit that information securely to providers in a different location** (data can include vital signs, blood pressure or pacemaker information).
- Equipment can include glucose monitors, blood pressure cuffs, cardiac rhythm devices, and other devices.

Remote Patient Monitoring Scams:

- Scammers sign up Medicare enrollees for RPM services and **deliver monitoring equipment regardless of medical necessity.**
- **Contact may include using text, phone, email, internet ads,** and often are from a durable medical equipment company or pharmacy.
- **Billing might be listed under different care management services or behavioral health services.** Most often, the monitoring never happens, but the enrollee is still billed monthly.

How to Protect Yourself?

- **Check your Medicare Statements** for claims that reference “remote monitoring” or office visits that did not take place.
- **If unordered medical equipment is delivered, refuse delivery.** Keep a record of the sender’s name and date you returned the item. **Call the NYS Senior Medicare Patrol to report it.**
- **Do not disclose Medicare information** to anyone except for your provider's office.
- Be sure **YOUR doctor has assessed your condition** and orders the services or equipment.

If you suspect Medicare fraud, **contact the NYS Senior Medicare Patrol at 800-333-4374.**

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