

★ CAPITAL REGION UPDATE ★



Letter from StateWide's Albany Chapter President

Happy Fall. Well here we are again at the beginning of Fall and a new advocacy season.

The issue of affordable and accessible housing for seniors is a very critical one for us all. It's particularly important as the Governor is preparing a Master Plan for Aging. On behalf of Saratoga Chapter President Kathlene Lyman, I am sharing news of an important meeting. **Capital Region StateWide members and friends are invited to a FREE forum that we are co sponsoring on the Crisis in Long Term Care on Nov. 2nd.** The discussion begins at 3:30 PM. At 5:00 PM dinner will be served. Then there will be a brief presentation on the NY Health Act, a bill we support that improves Medicare for All and includes a robust long term care benefit. It will be held on Whitehall Road in Albany, easily reached off Route 85, with plenty of parking. It is also accessible by bus. See the flyer on the reverse for more details. RSVPs are needed - just call the StateWide office to do so.

I believe seniors need to have a larger say on this issue so this is an opportunity for you to speak your mind. I hope to see you all at the meeting.

Bob Sinacore,
Albany Chapter President



Open Enrollment begins OCT 15 and runs through DEC 7

Statewide certified counselors are ready to help! Call 800-333-4374 for FREE, confidential, unbiased information about Medicare options including prescription drug plans.

Watch Out for Scams!

As you look for your best health coverage options, keep an eye open for fraudsters who:

- Claim they are an "official Medicare agent". *There are no Medicare representatives.*
- Say you must join a Medicare prescription plan (also known as Part D). *It is voluntary to join a Medicare prescription drug plan.*
- Call to verify your Medicare number or Social Security number. *Medicare or Social Security will never call you to verify your number.*
- Threaten or pressure you to enroll in their plan. *You will not lose your benefits and have the entire Open Enrollment Period to decide.*

If you suspect your Medicare number has been compromised or believe you have been enrolled in a plan without your permission, call the **NYS Senior Medicare Patrol at 800-333-4374**

FREE COVID test kits are now available for order from the US Government. You can order four tests per US household through covidtests.gov

People without internet connection can call 800-232-0233 to request tests.

The New York Health Act and the Crisis of Long-term Care

Thursday, Nov. 2, 3:30-7:30pm

Forum and Organizing Meeting

Learn more about the worsening long-term care crisis in New York, why it matters, and how to change the system for the benefit patients and caregivers.

3:30-5pm - Forum

5-6pm- Light dinner

6-7:30pm- Organizing meeting

Come for all or part!

B'Nai Sholom Congregation, 420 Whitehall Rd, Albany

Sponsored by: Campaign for NY Health, Caring Majority, Capital District Alliance for Universal Healthcare, Labor-Religion Coalition of NYS, NYS Poor People's Campaign, NY StateWide Senior Action Council, Saratoga Progressive Action (list in formation)

**To RSVP scan the QR code,
go to bit.ly/46fnBTa or call
518-436-1006 (NY
StateWide Senior Action)**

