

For older residents of Albany County –
and those who care about them

CONNECT WITH

all the services available to you



The Albany County Department of Aging

can link residents with a variety of supportive services.

Resources available include:

- Legal counseling and assistance
- Transportation
- Senior housing and care facilities
- In-home services
- Long-term care
- Nutrition and food access
- Elder abuse support
- Employment
- Caregiver support and more!

Legal Help

Call **Legal Aid Society of Northeastern NY (518) 462-6765**
or **1(800) 462-2922. 1:00 PM - 5:00 PM. Or request an
appointment in your community:**

- Town of Bethlehem Senior Citizens Services,
445 Delaware Ave., Delmar, 439-4955
- Cohoes Senior Citizens Multi-Service Center,
10 Cayuga Plaza, Cohoes, 235-2420
- Town of Colonie Senior Resources Department,
6 Winners Circle, Colonie, 459-5051
- Town of Guilderland Senior Citizens Services,
Guilderland Town Hall, Rt. 20, Guilderland, 356-1980
- Senior Services of Albany, Westview Center,
680 Central Ave. Albany, 482-2120
- Senior Projects of Ravena, 9 Bruno Ave. Ravena,
756-8593
- Whitney Young Jr. Health Center, Lark & Arbor Dr.
Albany, 465-4771, ext. 4496

Education/Job Training & Job Assistance

Call PathStone Training and Employment Services.
585-340-3395

Housing:

Call Albany Guardian Society and request a free
copy of their Housing Directory. 518-434-2140

Transportation:

Call Albany Guardian Society and request a free
copy of their Transportation Directory.
518-434-2140

Counseling:

Provides resources or programs that lead to
positive outcomes for seniors.

- **Help with health benefits, Medicare &
Prescription drug costs. Call NY StateWide
Senior Action Council, 518-436-1006**
- Enroll in SNAP (formerly known as food
stamps). Call Legal Aid Society of
Northeastern New York, 518-689-6327
- Enroll in HEAP (heating or cooling assistance)
Call Cornell Cooperative Extension,
518-756-8650

**If you would like to receive services
through the Albany County Department
of Aging, call NY Connects at
(518) 447-7177.**



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