

# ★ ALBANY COUNTY UPDATE ★



## President's Letter

I am writing once again after our long winter to welcome Spring and the many new developments that are arising with it.

**Firstly, we will be holding our first in-person Albany Chapter meeting since the beginning of COVID.** (see flyer on reverse side)

- Date: Wednesday, May 18; 1:00 - 2:30 PM
- Meeting Topic: "Where Do You See Yourself Living in Five Years?"

As you may remember, we had a previous meeting on this topic with speakers from the Albany Guardian Society and a senior real estate agent. We are repeating the topic with a focus on caregiver decision-making as many people have questions about this.

**Second, we are actively seeking donations for our 50<sup>th</sup> Anniversary Gala in September,** from our members as well as our providers, who may wish to purchase an ad in our Anniversary Journal honoring Deb Riitano. Ads are due by July 1 - please see enclosed form. If you need additional copies to share with others to support this fundraising effort, please call me at 518-313-7695.

**Third, we are still seeking volunteers to serve on our Albany Chapter Executive Committee as well as our StateWide Board.** In addition, we could use help with the nominating committee for these positions. Please consider stepping forward, even if only for a short time, as we really need your help to continue functioning.



4/1/22 - Saratoga Chapter President Kim Swire and I were pleased to meet with US Senator Kirsten Gillibrand to discuss her efforts to reduce prescription drug costs and provide more benefits assistance for Medicare enrollees.

Enjoy your Spring and I'm looking forward to seeing you in person at our Chapter Meeting.

Sincerely,  
Bob Sinacore

## ANNOUNCEMENT



StateWide received a contract with the **Albany County Office for Aging** to provide county residents with **HIICAP** services (Health Insurance Information Counseling and Assistance Program.)

Contact us at 800-333-4374 with questions about Medicare coverage, pharmaceutical coverage, billing or enrollment issues, and EPIC (Elderly Pharmaceutical Insurance Coverage) applications or issues. One on one confidential assistance and group presentations available immediately.

# Where Do You See Yourself Living In 5 Years?



**Join us on May 18, 1 - 2:30 PM for the Albany County Chapter Meeting**

**Location:** Summit at Mill Hill, 2 Mill Hill Court, Guilderland, NY 12159

**Speaker:** Tanya Zelman Schwartz, Geriatric Care Manager, LCSW-R

It's very important for us to think ahead in planning our future quality of life. Often, by not thinking and communicating our wishes ahead of time we can find ourselves in need of additional care and services on short notice. By not planning ahead, our thinking is clouded and our options may be limited.

Presenter Tanya Zelman Schwartz, a Geriatric Care Manager specializing in care planning, has many years of experience and will be there to answer your questions and share resources which can be helpful in your planning.

**We hope you will be able to attend and if you have any questions, please call President Bob Sinacore at 518-313-7695.**

**STATE 50<sup>th</sup> WIDE**  
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