



# Patient Advocates Program

## APR 27 Webinar Teach-in



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## An Update on Mental Health and Substance Abuse Problems Among the Older Population

**Date:** Tuesday, April 27, 2021 **Time:** 10:00 AM—11:00 AM

**Speakers:** **Dennis O. Romero**, MA, Regional Administrator and **Karina D. Aguilar**, DrPH, Commander, United States Public Health Services, Assistant Regional Administrator, Office of the Assistant Secretary (OAS) Substance Abuse and Mental Health Services Administration (SAMHSA)

To register for the ZOOM Webinar event virtually [click HERE](#) (or visit [nysenior.org](https://nysenior.org))

To connect via phone: 646-558-8656, Webinar ID: 889 1554 8167#

### Session Overview

The elderly often face significant mental health & substance abuse issues. However, often these problems are not detected and families are not aware of the services available to assist them. Loneliness and isolation during the COVID pandemic have exacerbated many of these problems. It is critical that older persons, caregivers, and aging network professions maintain their awareness about mental health and substance abuse needs and services.

#### In this session you will learn about:

- Trends and updates on the problems and needs of the older population relating to mental health and substance abuse issues.
- The impact of COVID on mental health needs of older persons.
- Myths and realities related to older persons and tips for families and professionals on how to identify possible problems.
- Fact sheets and other resources that SAMSHA has available for older persons and aging network professionals.
- Tips for maintaining mental health

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**New York StateWide Senior Action Council, Inc.**



**ALL TEACH-INS RUN  
FROM 10:00—11:00 AM.**

### Upcoming Teach ins:

- **Next Teach In will be on May 18,2021, 10 AM**
- If you missed an earlier Teach in, visit [nysenior.org](http://nysenior.org) to view/listen to the recording.
- Our upcoming list of Teach ins for 2021 will be posted on our website. Please check back soon.

## Instructions and Other Information

- Sessions are in webinar mode, all attendees video and audio will be off. Attendees will be able to type in their questions during the Q&A portion of the meeting.
- Materials from Teach Ins are posted on our website [www.nysenior.org](http://www.nysenior.org)
- When on our website,
  1. On the navigation bar, click on **Our Helplines**
  2. In the drop down menu, click on **Patient's Rights Helpline**
  3. Under "**Information for Hospital Patients**", click on **Telephone Teach-in**. This will take you to additional information about past Teach ins, powerpoint presentations and other important notes.

# Call 800-333-4374 to reserve your spot!

**NY STATEWIDE SENIOR ACTION COUNCIL**  
is a not-for-profit grassroots membership organization made up of individuals and organizations with an interest in improving the lives of senior citizens.

*Funding for our Patient Advocates Program is being provided through the generous support of the NYS Legislature and administered by the NYS Office for the Aging*

**STATE  WIDE**  
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The **Helpline** is toll free at  
**800-333-4374**  
Information is also available on the StateWide website at  
**www.nysenior.org**  
**E-mail questions to:**  
[StateWidePatientsRights@gmail.com](mailto:StateWidePatientsRights@gmail.com)