# New York StateWide Senior Action Council MENBER OUPDATE Summer 2019



# Get Social with StateWide – Come to our Convention in Saratoga Springs

This year's theme for our Annual Convention is: <u>LET'S GET SOCIAL</u>, as we explore the importance of the word and concept "SOCIAL"

in our society:

- The importance of preserving & strengthening <u>SOCIAL SECURITY</u> (in light of the continued and revived proposal of reformulating this program to give beneficiaries less money).
- The new policies and procedures of NEW YORK STATE'S <u>SOCIAL SERVICES</u> PROGRAMS FOR THE AGING. See how new funding and programs can benefit your community.
- Everyone deserves equal economic, political and social rights and opportunities. We'll review <u>SOCIAL JUSTICE</u> issues that impact us and our communities.
- As <u>SOCIAL MEDIA</u> takes on a more important role in our lives, let's explore how we can make it an asset to our activist and daily lives.
- Let's learn about the positive tools that are being developed on <u>SOCIAL PLATFORMS</u> for Medicare, Senior Safety, Patients' Rights, and other programs.

#### LET'S GET SOCIAL—TOGETHER!

- Let's build on our momentum from Grassroots Day and activism.
- Let's come together to meet old and new friends from all over New York State.
- Let's receive the latest developments in policies & programs affecting our communities.
- Let's plan our next steps for the year.

## **Our Checklist**

- ☑ Register for Convention
- ☑ Nominate Deserving People for our Awards
- ☑ Attend Our Annual Gala
- Explore the Beautiful City of Saratoga
   Springs

## It's all happening at StateWide's Annual Convention Oct 15 – 17, 2019. We can't wait to see you in Saratoga Springs!

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# Medicare Patient's Rights Helpline 800-333-4374

New York StateWide Senior Action Council, Inc.

# 2019 ANNUAL CONVENTION Join us October 15-17, 2019

## **TENTATIVE SCHEDULE OF EVENTS**

## **TUESDAY, OCT 15**

- 3:00 PM WELCOME
- 3:15 PM Executive Director's Report
- 4:00 PM **Social Justice Issues** recap of wins and losses in the state and federal policies
- 6:00 PM **OPENING NIGHT RECEPTION**, Casino trip, Karaoke

# WEDNESDAY, OCT 16

## 7:30 AM **BREAKFAST**

- 9:00 AM **The 2020 Census:** Stand Up and be counted. Opportunities in your community.
- 9:45 AM Translating Caring for Family Members into Public Policy Solutions
- 10:30 AM Medicare and EPIC Update
- 11:30 AM **EXHIBIT HALL**
- 12:30 PM LUNCH with Guest Speakers Break – 1:30-1:45
- 1:45 PM **Option 1:** Fight Back, Avoid Senior Scams

**Option 2:** How to Access Senior Services in your Community

Break 3:00- 3:15

# WEDNESDAY, OCT 16

3:15 PM	<b>Option 1:</b> Improving Patient Care and Protecting Patients Rights
	<b>Option 2:</b> Earned Benefits & Social Safety Nets
4:30 PM	Option 1: Walking Tour
4:15 PM	<b>Option 2:</b> Town Hall Open Forum on Senior Issues
4:15 PM	<b>Option 3:</b> Getting Active in the SMP program
6:30 PM	<b>AWARDS DINNER</b> (Holiday Inn)
	THURSDAY, OCT 17
7:30 AM	BREAKFAST

- 8:00 AM Using Social Media to spread our message
- 9:00 AM **Adopting Agenda:** Public Policy Committee Presides
- 11:30 AM ADJOURNMENT





# CALL 800-333-4374 to Register Today!

Each year at the Annual Convention, NY StateWide Senior Action Council awards outstanding seniors for their leadership to improve the lives of older residents:

Rose Kryzak Advocacy Award	Paul E. Harenberg Award	Robert E. O'Donnell Momorial Award	Michael Burgess Award		
An advocate and a leader on public policy issues locally and at the state level to promote the well being of older New Yorkers.	Trains and educate others about important issues and programs benefitting seniors.	Memorial Award Promotes the growth and development of the NY StateWide Senior Action Council.	Promotes the senior movement through social activism, leadership, and initiatives conducive to the improvement of the quality of life of older New Yorkers.		
Please Check one. Use	one form per nominee:				
Rose Kryzał	Advocacy Award	Paul E.	Harenberg Award		
Robert E. O	'Donnell Memorial Awa	rdMichae	el Burgess Award		
Nominee (person being	nominated)				
Name					
Address					
StateWide Chapter or County of Residence					
Phone E-mail					
Nominator (person fillir	ng out form)				
Name					
Address					
StateWide Chapter or County of Residence					
Phone E-mail					
	iece of paper please pro this award and include		-		
All forms must be postmarked by September 6, 2019. Any StateWide member in good standing can make a nomination. Nominees must be at least 55 years of age, in good standing and have been a StateWide member for at least one year. You can mail, fax or email your nomination form. Fax: (518) 436-7642					

# **Grassroots** Day







# **Educational Grassroots Day**

On May 14th, StateWide joined NYSNA, CWA, 1199 and other partners for our Annual Educational Grassroots Day. Executive Director Maria Alvarez welcomed over 400 seniors from around NYS who gathered at the Convention Center on the Empire State Plaza in Albany.

Deputy Director Gail Myers shared talking points on the need to ensure safe nurse to patient staffing in hospitals and nursing homes and efforts to pass Improved Medicare for All - the NY Health Act.

Members participated in a training with Outreach Counselors Leslie Sierra and Beth Nelson, focusing on Health Care Fraud and how to volunteer with the NYS Senior Medicare Patrol.















# Medicare Patient's Rights Helpline 800-333-4374

# **NYS Senior Medicare Patrol** FRAUD ALERT?

# Medical Braces Scam: Be Aware! THE SCAM:

You are bombarded with phone calls at home, often from Robocallers. If you pick up the phone, they will say things like, "We hear you need a back brace, Medicare will pay for it." A few days later, you receive boxes of knee and back braces that you did not order and did not need.

The Senior Medicare Patrol sees many cases where back, neck, & knee braces are ordered from out of area providers and doctors that the beneficiary has never heard of.

## **REMEMBER:**

- Only YOUR Doctor can prescribe any type of medical brace for you.
- If you answer the phone, and hear a Robocaller, do not stay on the line and hang up immediately.
- Don't answer any questions or give out any personal information or your Medicare number.

## WHAT SHOULD YOU DO IF YOU RECEIVE ANY BRACES?

- Contact StateWide, your NYS Senior Medicare Patrol at 800-333-4374.
   We can help you with what to do next.
- Report receiving the braces as fraud to 1-800-MEDICARE as soon as possible.
- Contact the supplier about returning the braces. You should not have to pay for the return.
- If you return the item, keep the mail receipt and tracking number.
- Check your Medicare Summary Notice to see the name of the ordering provider. Tell 1-800-MEDICARE if you have never visited this person.
- Review your Explanation of Benefits paperwork for items that appear that you did not order or receive and report any discrepancies immediately.
- If you suspect Medicare fraud, errors, or abuse, address it immediately by calling 800-333-4374.

This project was supported, in part by grant number 90MPPG0010-01-00, from the U.S. Administration for Community Living, Department of Health and Human Services, Washington, D.C. 20201. Grantees undertaking projects under government sponsorship are encouraged to express freely their findings and conclusions. Points of view or opinions do not, therefore, necessarily represent official Administration for Community Living policy.



or.org

/ww.ny



# Membership

Yes! I want my ex	perience to co	ount.			
I want to join NY StateWide Senior Action Council.					
Check box:  Individual Membership  Couple Membership  Lifetime Membership  Lifetime Membership  Organization Membership	\$ 20/year \$ 25/year \$ 150/individual \$ 200/couple \$ 75/year	Check box: New Member     Renewal     Contribution	\$		
Name Address City		Zip			
County	Affilia	ted Organization			

You can contact us at **518-436-1006.** Please make your check payable to: **NY StateWide Senior Action Council** Send this form to: **NY StateWide Senior Action Council**, **275 State Street**, **Albany**, **NY 12210 All dues and contributions are tax deductible**.

Phone\_\_\_\_\_ E-mail\_\_\_\_\_

New Individual Members:		New Lifetime Members:		Ne	New Organization Members	
Florence Anthony Leila Brunson Janet Burns Larry & Sue Denesha Nancy Emery Joan Garippa Gloria Goodman Jean Hantz	Bronx Brooklyn Brooklyn Dekalb Junction Kingston Little Neck Brooklyn Potsdam	Janet Burns Ann Converso Eustene Corbin Adiel Gillette Mary Jackson Evelyn McKinney Francesca Ortolano <b>Kryzak Fund Cont</b>	Brooklyn Lawtons Brooklyn Arverne Brooklyn Brooklyn Woodstock	Alb Agi Nia	pany County Department for ing agara Women's Club IN HONOR/MEMORY OF CONTRIBUTOR: Maria Alvarez	
Douglas & Kendra Hart MaryAnn Hildebrandt Bruce Hudson Robin V. Marion Frances & Michael Mayers	Saugerties Williamson Brooklyn Brooklyn	Florence Anthony Hazel Collman-Foste Ann Converso Mary Ann Fastook Gloria Goodman Peg Graham	Bronx r Elmont Lawtons Brooklyn Brooklyn New York		in memory of Barbara J. Hance CONTRIBUTOR: Adele Rogers in memory of Lucille Adella Browne	
Jesus Morales Kandis Paolone Sallie Robertson Patricia Smith Howard & MaryAnn Stolan Willie & Julia Terry	Bronx Saratoga Spr. Hollis Ithaca Cheektowaga Troy	Mario Henry Kathlene Lyman Jesus Morales Henry & Mary Franco Moss Leola Phillips Susan Schrader Ken Traub	Flushing Alplaus Bronx es Bronx New York Ft. Covington Rochester		CONTRIBUTOR: Gail Myers In honor of the 1st birthday of Jordyn losefson and Stuart Myers	

#### October 15-17, 2019 in Saratoga Springs, NY

Name	Telephone			
Address	City Town		_Zip	
E-mail	Affiliation (if any)			
<i>Circle One</i> : Package Option (from below)	A, B, C, D, E, F, G, H, I, J	, К		
Total enclosed \$ If you are not a member and would like to join now, add \$20 to your registration*				
If registering for a double room, preferred Roc	om-mate's Name			
Please Circle Lunch and Dinner Choice: (Break	fasts are buffet style—no cl	noice needed)		
Lunch Wed Cheese Tortellini/Cream Sauce	Grilled Sirloin Salad			
Dinner Wed Turkey	Fish	Toma	to Basil Pasta	
PACKAGE PRICING				
		Member	Non-member	
FULL Package A: Single, 2 nights, + opening day rece	eption and 4 meals	<b>Viember</b> \$435/person	<b>Non-member</b> \$500/person	
FULL Package <b>A</b> : Single, 2 nights, + opening day rece FULL Package <b>B</b> : Double, 2 nights, + opening day rec Package <b>C</b> : Single, Tuesday night hotel, + opening r	ception and 4 meals		\$500/person	
FULL Package <b>B</b> : Double, 2 nights, + opening day red	ception and 4 meals eception, Weds. bkfst, lunch	\$435/person \$295/person \$255/person	\$500/person \$370/person	
FULL Package <b>B</b> : Double, 2 nights, + opening day red Package <b>C</b> : Single, Tuesday night hotel, + opening r	ception and 4 meals eception, Weds. bkfst, lunch reception, Weds. bkfst, lunch	\$435/person \$295/person \$255/person	\$500/person \$370/person \$330/person	
FULL Package <b>B</b> : Double, 2 nights, + opening day red Package <b>C</b> : Single, Tuesday night hotel, + opening r Package <b>D</b> : Double, Tuesday night hotel, +opening	ception and 4 meals eception, Weds. bkfst, lunch reception, Weds. bkfst, lunch . lunch, dinner & Thurs bkfst	\$435/person \$295/person \$255/person \$185/person \$265/person	\$500/person \$370/person \$330/person \$260/person	

FULL Package G: 3 days, reception & 4 meals	\$180	\$230
Package <b>H</b> : Tuesday, with reception	\$35	\$66
Package I: Wednesday, 2 meals (lunch, dinner)	\$105	\$155
Package J: Wednesday, lunch	\$55	\$105
Package <b>K</b> : Wednesday Awards, dinner only	\$50	\$50

**REGISTRATION DEADLINE:** Return this form w/ accompanying check to the Albany office by **September 14, 2019**. Registrations received after September 14 will have a \$20 surcharge applied. Questions, call us at **800-333-4374**.

#### Check payable to NY StateWide Senior Action Council. Mail to: StateWide, 275 State Street, Albany, NY 12210 Online credit Card Charges Accepted. Call 518-703-2617 for more information.

**HOTEL INFORMATION:** Holiday Inn Saratoga Springs, NY, 232 Broadway, Saratoga Springs, NY 12866 Phone: 1-518-584-4550, website: <u>www.holidayinn.com</u>

Hotel Accommodations Included in Package Pricing Registration. StateWide will make your reservation.

\*If you are not a member of StateWide, become a 2019 member today for \$20. You will receive the discounted Member price for this event.



New York StateWide Senior Action Council, Inc. 275 State Street, Albany, NY 12210 • (518) 436-1006 • Fax (518) 436-7642 www.nysenior.org

Our State Bill Tracker has been recently updated and posted to our website **www.nysenior.org** If you would like a copy mailed to you, please call our office.





**Socialize with Friends** 

Meet seniors from all over NYS to connect with and share information





In the Lives of Senior Action Council, Inc. Improving The Lives of Senior Citizens & Families in NY State Www.nysenior.org

Visit our Exhibit Hall on Oct. 16th 11:30 AM—12:30 PM

Visit the Exhibit Hall

# CALL 800-333-4374 to Register Today!