

Patient Advocates Program Telephone Teach-ins

We invite you to participate in our FREE phone conference teach-in

Date: Tuesday, January 22, 2019

Time: 10:00 am—11:00 am

Theme: Helping Older Persons and Caregivers Obtain Community Based Services and Long Term Care

Speaker: **Andrea Fetting**, BA, MEd; Director, Fulton County Office for Aging/Youth; Chair, Fulton County Long Term Care Council

Michael J. Romano, Director, Oneida County Office for the Aging and Continuing Care

Call in number: 1-605-475-6333

Access code: 6258645



Session Overview:

Most people experience several chronic conditions as they age. These changes can reduce their ability to remain active and necessitate the need for long term care services. Community based services are a critical resource that can help people remain independent as they age. However, finding needed help can be difficult especially when someone is under pressure to be discharged from a hospital. Fortunately, NYS has a wonderful network of locally based offices for the aging that can assist older persons and informal caregivers. This Teach-in will provide information about resources available through the aging services network and tips on how to address long term care needs and maintain a healthy lifestyle.

In this session, you will learn about:

- How local offices for the aging can help older persons and caregivers with long term care needs.
- Tips for returning home successfully from a stay in the hospital and making sure your discharge plan connects you to needed services.
- How to obtain assistance with important care such as home and community based services through your local office for the aging and NY Connects programs.
- How to obtain an assessment to help older persons and caregivers develop a plan care.
- Developing a care plan and accessing services through programs such as the Expanded In Home Services for the Elderly Program (non-Medicaid), NY Connects, and Managed Long Term Care (Medicaid).
- Important community based service such as case management, home-delivered meals, home health care, homemaker/chore services, transportation, caregiver support services, social adult day care, and legal services.



Mark Your Calendar

- » UPCOMING EVENTS
- » ALL TEACH-INS WILL RUN FROM 10:00—11:00 AM.

February 5: Helping Older Persons and Caregivers Deal with Nursing Home Problems: the Role of the Long Term Care Ombudsman

March 19: Managed Long Term Care Plans (MLTC) and how the Independent Consumer Advocacy Network (ICAN) helps Consumers with MLTC Related Questions or Problems

If you missed one of our past Teach-ins and would like to listen to a recorded playback of the session, or would like to know more about an upcoming one, **visit our Website at nysenior.org.**

Caller Instructions and Other Information

- The sessions are in presentation mode but the line will be opened for participant questions and comments after the speaker has finished their presentation.
- Materials from Teach Ins are posted on our website www.nysenior.org
- When on our website,
 1. On the navigation bar, click on **Our Helplines**
 2. In the drop down menu, click on **Patient's Rights Helpline**
 3. Under "**Information for Hospital Patients**", click on **Telephone Teach-in**. This will take you to additional information about past Teach ins, powerpoint presentations and other important notes.

Call 800-333-4374 to reserve your spot!

NY STATEWIDE SENIOR ACTION COUNCIL

is a not-for-profit grassroots membership organization made up of individuals and organizations with an interest in improving the lives of senior citizens.

Funding for our Patient Advocates Program is being provided through the generous support of the NYS Legislature and administered by the NYS Office for the Aging

STATE  WIDE

New York StateWide Senior Action Council, Inc.

The **Helpline** is toll free at
800-333-4374

Information is also available on the StateWide website at
www.nysenior.org

E-mail questions to:

StateWidePatientsRights@gmail.com