

New York StateWide Senior Action Council

MEMBER UPDATE

Spring 2016



New Developments in NYS Concerning Aging Policies & Services

We want to thank the Governor and State

Legislature for continuing to fund our Managed Care Consumer Assistance Project and Patient's Rights Helpline. These programs assist thousands of seniors and families and help us inform policymakers on the impact their programs and initiatives have on the consumers.

NYSOFA Director Corinda Crossdale will be stepping down at the end of April to return to Monroe County where she will be the Director of Social Services. Ms. Crossdale participated in each of our Annual Conventions and always took time to address our members' concerns. We want to thank Corinda for her dedication to seniors and wish her well in the future!

StateWide Members Appointed to Governor Cuomo's Advisory Committee on Aging

Two of StateWide's Board Members, Carolyn Crawmer, President of the Saratoga County Chapter and Mario Henry, President of the NYC Chapter and Board Secretary have been

named to this prestigious committee.

We will keep our membership informed.

While the budget has passed, we still have advocacy issues ahead. Keep reading this newsletter to find out more...

SAVE THE DATE!



**NY StateWide Senior Action Council
SENIOR CITIZEN GRASSROOTS
ADVOCACY DAY!**

**at the
Convention Center on the
Empire State Plaza in Albany**

REGISTER BY MAY 5TH, see page 6

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Medicare Patient's Rights Helpline 1-800-333-4374

Federal Budget

FEDERAL BUDGET

The federal budget process started when the President submitted his annual budget

request. Now the budget is in the hands of the House and Senate. Each body must pass a budget resolution by April 15 to serve as a guidepost for revenue expectations and spending plans.

If negotiations do not result in an adopted federal budget by the start of the federal fiscal year on October 1, a resolution would need to be adopted to continue government funding at the previous year's level. Without it, agencies that have not received funding through the ordinary appropriations process must shut down operations.

The President's Budget Proposal

controls prescription drug costs and would lower prescription drug costs under Medicare Part D.



To control spending, he has proposed increased health care costs for seniors starting in 2020 including:

- implementing additional means-testing for Medicare;
- modifying the Part B deductible for new beneficiaries; and
- introducing co-payments for home health care.

The House Budget Committee

has developed a budget plan with significant cuts in safety net programs such as food stamps, and the elimination of "Obamacare" including improved coverage for Medicare enrollees and the solvency of the Medicare Trust Fund. This proposal would transform Medicare into a voucher-like system for future retirees undermining the stability of the Medicare system by allowing Medicare beneficiaries the option to switch to private insurance beginning in 2024.

The House has also proposed significant cuts in spending that could undo the Medicare and Social Security increases that were agreed to last year. The members of the conservative **House Freedom Caucus** said they would oppose the plan because it did not go far enough. On the other hand, the liberal **House Progressive Caucus** members offered amendments to reduce prices of prescription drugs and expand earned Social Security benefits which were defeated.

NOTE: Social Security and Medicare are mandatory programs. They are not part of appropriation negotiations – unless changes are adopted to reduce spending.

The Senate

indicated it has postponed work on a budget resolution, seemingly comfortable with relying on the spending and revenue projections agreed to last year to provide the basis for appropriations bills in the months to come.

Social Security

Claims that Social Security will not be there for future generations are blatantly false. Social Security currently has a \$2.8 trillion surplus. Even after that surplus is exhausted in an estimated 20 years from now, benefits can be paid at an 80% rate of what they are today. Cuts are not needed. If the wealthiest Americans paid into Social Security at the same rate as everyone else, the Social Security trust fund would be stabilized, generating enough funds to expand benefits for millions of Americans.

Public support for Medicare & Social Security.

American voters of both parties consistently support Medicare, Social Security and Medicaid. Here's what they said...

62%

• Social Security is a Top Priority

77%

• Medicare is a Very Important Government Program

63%

• Medicaid is a Very Important Government Program

(Source: The National Priorities Project.)

The Older Americans Act

The federal law established in 1965 to improve health and human services for older Americans, has needed reauthorization to update the priorities to match current needs. We are now closer than ever to achieving that through Congressional action.

House

On March 21, 2016, the House passed the Senate bill with two amendments that need to be ratified by the Senate before the bill can be delivered to the President for authorization. The amendments require specific authorization levels for each year throughout the three-year reauthorization and updates the Senior Community Service Employment Program (SCSEP) to improve the grant process.



Senate

Bill 192 passed the full Senate on July 16, 2015. The updates to the funding formula, based upon each state's senior population, will ensure that all states receive at least 99% of its allocation from the previous year. This protects states that are not growing as rapidly from losing important federal funding. The bill also:



- provides for modernizing multipurpose senior centers;
- addresses economic needs;
- requires evidence-based health promotion and disease prevention initiatives;
- promotes chronic disease self-management and falls prevention;
- provides stronger elder justice services; and
- allows for limitless growth of future Older Americans Act appropriations.

State Budget Adopted (SFY 16 – 17)

New York State lawmakers passed the 2016-17 State Budget on March 31, 2016. Negotiations focused on two important issues in StateWide's Economic Security Agenda:

1. Increasing the Minimum Wage;
2. Adopting Paid Family and Medical Leave.

The budget negotiations yielded a ***middle class personal income tax break***, designed in part to ***offset the costs to small business owners for the increase in the minimum wage***. The ***result is a gradual reduction in income tax rates through 2025 for households with income under \$300,000***.

The Governor indicated the new rate would be the lowest in 70 years. Another major point in negotiations ended with a ***rejection of the Governor's proposals to shift more Medicaid and higher education costs onto New York City***.

Minimum Wage – The Governor and the Assembly successfully led negotiations to increase the state's minimum wage, over the objections of the Senate and the business community.

New York City

- Wage Increase to \$15/hour by the end of 2018
- One Year exemption for small businesses that employ fewer than 10 people

Westchester, Nassau & Suffolk Counties

- Wage Increase to \$15/hour by the end of 2021

Upstate New York

- Wage Increase to \$12.50 by the end of 2020
- Future growth dependent on economic analysis

Medicaid Providers

- Medicaid Spending Cap Adjusted allowing for an increase in reimbursement to compensate for the minimum wage increase

Human Services Contractors

- No adjustment for human services contractors (e.g. Meals-on-Wheels, EISEP, home care providers)
- Governor pledged to study the issue & provide future funding for non-profit state contractors affected by this situation

StateWide Advocacy Agenda in NYS 2016-2017 BUDGET

ISSUE	GOVERNOR'S PROPOSAL	FINAL BUDGET
Medicaid	<ul style="list-style-type: none"> Eliminate spousal refusal law to allow family assets to be used to pay health care costs Decrease in Spousal Refusal threshold from \$74,820 to \$23,844 Eliminate "Prescriber Prevails" policy permitting physicians to appeal denial of Medicaid drug coverage 	None of these Proposals were adopted in the Final Budget
Medicaid Managed Long Term Care (MLTC)	<ul style="list-style-type: none"> Enrollee would need nursing home care rather than current 120 days of community based long term care Consolidate all MLTC transportation services under one state contract 	None of these Proposals were adopted in the Final Budget
Aging Services	<ul style="list-style-type: none"> StateWide's Managed Care Consumer Assistance Program & Patient's Rights Helpline Community Services for the Elderly: EISEP, Nutrition, Senior Centers, etc. Elder Abuse Prevention Programs Naturally Occurring Retirement Communities (NORC) – Proposed under \$992,000 in savings to the general fund for underperforming programs based on outdated guidelines 	<p>Funded at Same Level as Last Year</p> <p>Increase - \$1 million</p> <p>Increase</p> <p>Restoration of funds; Updated Guidelines; Increase in funding - \$350,000 for NORCS and Neighborhood NORCS; Program Expansion in 2018. <i>(New RFP)</i></p>
Property Taxes	<ul style="list-style-type: none"> Proposal to change STAR school tax rebate checks to a tax credit. Proposal to freeze the STAR rebate rate of increase Allows late filing of Enhanced STAR due to hardship & making direct payment to some property owners when mistakes on STAR are made 	<p>Not Adopted into Final Budget</p> <p>Not Adopted into Final Budget</p> <p>Adopted into Final Budget</p>
Reforms	<ul style="list-style-type: none"> Several Reforms such as: Campaign Finance Reform, Ethics Reform, Voting Rights 	<p>Not included in the Final Budget. May be negotiated during the remainder of the Legislative Session</p>

Paid Family & Medical Leave (FML)

The New York Paid Family Leave Law will take effect in January 2018. This law provides workers with job protection and continuation of health care benefits. The paid leave (starting at 8 weeks and increasing to 12 weeks when fully implemented in 2021) will be funded by paycheck deductions from private sector employees' pay – starting at 70 cents and rising to \$1.40 weekly. Employees would be eligible to earn up to 50% of their average weekly wage - not to exceed 50 percent of the statewide average weekly wage - while on leave to:

- 1) Bond with a new child (including adopted and foster children);
- 2) Care for a seriously ill child, parent, parent-in-law, spouse, domestic partner, grandchild, or grandparent;
- 3) Address certain military family needs.

The benefit will increase to two thirds of an employee's weekly wage, up to two thirds of the statewide average, by the fourth year of implementation.



SENIOR CITIZEN GRASSROOTS ADVOCACY DAY



WHERE:

**Convention Center on
the Empire State Plaza
in Albany**

Plans are being made to
provide free charter buses
to Albany

WHEN:

Tuesday, May 10, 2016

This day is **FREE**, but
seating is limited.

Register by May 5th
If transportation is needed
register by May 2nd

AGENDA:

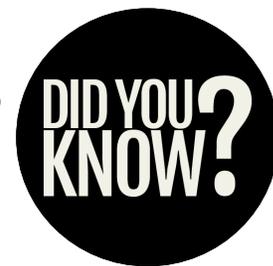
Briefing—10:30 am
Lunch—Noon

After lunch, attendees are
encouraged to meet with
State Legislators from
their regions.

**To register, please contact StateWide at:
1-800-333-4374 or statewide4@gmail.com**

Your Voice Needs to be Heard on Safe Staffing

There's an undeniable connection between preventable injuries and safe nurse to patient staffing levels. Unsafe staffing has a cost, one that may be just a cost of doing business for hospitals and nursing homes. But that cost for consumers is too high a price to pay.



Older New Yorkers Are Particularly Affected by Unsafe Staffing in Hospitals and Nursing Homes.

- Older patients routinely experience long term consequences from preventable infections, falls and bed sores. Many are never able to recover.
- Patient falls are preventable with safe staff to patient ratios, so are bedsores and infections.

When do Inpatient or Nursing Home Falls Occur?

- When patients find their call lights are not responded to in a timely manner when they need help. They get out of bed by themselves to go to the toilet and they fall.
- They are finishing their toileting and they wait and wait for assistance.

One's dignity pays a price in these circumstances, but more critically – some falls never heal.

Falls are associated with increased morbidity, mortality, and nursing home placement.



"About 1,800 older adults living in nursing homes die each year from fall-related injuries and those who survive frequently sustain injuries that result in permanent disability and reduced quality of life."

- Centers for Disease Control

What is Needed?

- Health Care Consumers need a state law requiring that hospitals and nursing homes have minimum nurse and nursing care staff to patient ratios.
- A consumer should not have to hope there is a strong labor voice in a facility to be assured that there will be sufficient staff employed and deployed on a particular shift, on a particular day, in a particular unit.
- All facilities in our state, whether there is a collective bargaining agreement that addresses safe staffing or not, must be assured that staffing related poor outcomes will be prevented.
- The state Legislature must set the standard by establishing minimum safe nurse to patient ratios in all hospitals and nursing homes to protect patients from poor outcomes.

State legislators need to hear from you. The consumer voice is essential to achieve this legislation.

You are invited to join StateWide at our **Grassroots Senior Advocacy Day, May 10**, to learn more, and speak up, about patient rights. There is no charge to participate, buses are being chartered from throughout the state.

Register today – call 800-333-4374.

Introducing Fully Integrated Duals Advantage (FIDA)

Making decisions about long term care can be confusing and frustrating. The New York State (NYS) Department of Health has partnered with the federal Centers for Medicare and Medicaid Services (CMS) to do something about it. The NYS Department of Health is offering a program for people who receive services through both Medicare & Medicaid. It's called the "Fully Integrated Duals Advantage" program, or "FIDA" for short.



Why would someone join FIDA?

FIDA's goal is to give you all the Medicare and Medicaid services and supports you need so that you can remain independent and living in your community. With FIDA, you can keep all your current Medicaid and Medicare benefits and services such as:

- Doctor and Hospital Visits
- Home Health Aides
- Nursing Home Care
- Behavioral Health, and
- Prescription Drugs

Plus, you can also receive other services that you may need one day, with no additional copayments or deductibles. For example:

- Respite services to provide temporary relief for your caregivers
- Wellness counseling from a registered nurse who will help you have a healthier lifestyle.

If you join the FIDA program, you will also receive:

- Full Medicare and Medicaid coverage
- Long Term Services and Supports
- Behavioral Health Services
- Medicare Part D and Medicaid drugs, and
- Additional Benefits from a Single, Integrated Managed Care Plan

FIDA covers all the benefits that you may receive today through your Managed Long Term Care (MLTC) plan, Original Medicare or your Medicare Advantage plan, and Medicare Part D plan.

A person-centered care plan

- Have a Care Manager who speaks your language and who can make sure you are getting the services you need, such as a home health aide and your medication. In most cases, you will be able to keep your current Care Manager and home health aide.
- Your Care Manager will also make sure that each of your doctors has information about the services you are getting from other doctors and can help your doctors work together to meet your care needs.
- Access to specialists without needing a referral.
- Use one phone number to call the plan for all questions regarding your benefits.
- Be able to file an appeal for any Medicare or Medicaid service (except for Part D) through one appeals process.
- Have the right to leave FIDA at any time and for any reason. If you decide to do so, you will continue to receive all of your Medicaid long term care benefits through the MLTC program and all of your Medicare benefits through Original Medicare or a Medicare Advantage plan, and a Medicare Part D plan.

Who can join FIDA?

You are eligible to join FIDA if you are:



- Age 21 or older
- Living in NYC or Nassau County. The program will expand to Westchester and Suffolk counties later this year.
- Receiving Medicare and Medicaid benefits
- In need of long term care like home health or nursing home care

Is FIDA Mandatory?

- No, FIDA is a voluntary program. You may enroll in or leave the FIDA program at any time.

Will my doctor or home care attendant accept the FIDA plan?

- Counselors at NY Medicaid Choice (NYMC) and the Ombudsman program known as Independent Consumer Advocacy Network (ICAN) can help you find out which FIDA plan works with your doctors and home care agency.
- Whichever FIDA plan you decide to join, you will have an opportunity to stay with your current doctors and other providers for at least the first 90 days. If some of your current doctors or other providers are not in your FIDA plan, your plan will help you find new ones. You can also call NYMC or ICAN counselors if you need help finding a provider that suits your needs.

Questions?

Please call **NY Medicaid Choice** at **1-855-600-3432**

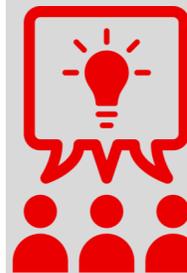
(TTY users: 1-888-329-1541) or,

Independent Consumer Advocacy Network (ICAN) at 1-844-614-8800 to learn more about FIDA.

**How do I join FIDA?**

Call **NY Medicaid Choice** at **1-855-600-3432**; (TTY users: 1-888-329-1541)

If you have questions regarding FIDA, please email the NYS Department of Health at: **fida@health.ny.gov** or visit the FIDA website **https://www.health.ny.gov/health_care/m Medicaid/redesign/fida/**

**Share Your Story**

We have partnered with **CPRNYDE**, a coalition made up of different organizations and individuals who want to protect the rights of those

with Medicare and Medicaid to improve health coverage for you. If you have Medicare or Medicaid or know or work with someone who does,

We Want to Hear from You!

We are interested in knowing:

- Does your coverage work well?
- Do you like the quality of your care?
- Do you like the amount of care you have?

Share your experience with us, learn to advocate for yourself and others!

Give us a call at StateWide

- Call **1-800-333-4374**,
- Email at **statewide4@gmail.com**

To learn more about the coalition, you can visit their Web site at **www.nyduals.org**



Welcome New Members and Contributors

New Individual Members

Isice Adams	Brooklyn
Beverly Alves	Johnsville
Margaret Assante	Yonkers
Rosella Baker	Ithaca
Gretchen Beach	Brooklyn
Arnold Bell	Burke
Anita Bernstein	Spring Valley
Barbara & Douglas	
Bilow	Chateaugay
Helen Boudreau	Clifton Park
Marcia Bouissey	Malone
Lulabelle Bowen	Burke
Malene Broos White	Buffalo
Corrine Carey	Troy
Valerie Clement	Brooklyn
Marie Cotellessa	Canton
Paulette Dear	Malone
Josie Delaney	Malone
Eartha DeSisso	Brooklyn
Adela Edwards	Ithaca
Brenda Ellis	Brooklyn
Mary Forman	Niskayuna
Paul Fowler	Malone
Joe Gerace	Bayside
Cora Gilmore	New York
Evelyn Gordon	Brooklyn
Anna Gowdy	Troy
Peg Graham	New York
Maureen Hallaran	Saratoga Sp.
Jill Harrigan	Chateaugay
Don Harris	Gloversville
Alyce Johnson-Morton	Albany
Donald Johnston	Burke
Jacqueline Kennedy-Saddler	Far Rockaway
John LeBardo	Falconer
Marc Lashomb	Malone
Joanna Leefer	Brooklyn
Sandy Robinson	
Lefkowitz	Suffern
Jane Lisato	Rome
Louise Lincoln	Clifton Park
Charlene Lojewski	New Hartford
Kathy Lyman	Alphaus
Pamela Martin	Saranac Lake
Barb McBurnie	Parishville
Laura McCord-Mann	Brooklyn

Cecilia McCall	New York
Lois McAllister	Canton
Irene McKee	Burke
Muriel Miller	Hudson
Arnold Nelson Jr.	Niagara Falls
Robert O'Connell	Clifton Park
Kenneth O'Neill	Chateaugay
Lee Pedigree Wufo	Buffalo
Barbara Pollack	Philadelphia
Jewel Rankin	Bronx
Elizabeth Roberts	Dolgeville
Myra Robinson-Moses	Buffalo
Eva Capobianco & N. Elizabeth Schneider	Ithaca
Brett Shatraw	Hermon
Russell Shepherd	Evans Mills
Lorraine Simmons	Chateaugay
Kim Smith	Watertown
Dr. Edward Swire	Clifton Park
Shirley Thomas	Chateaugay
Gregory Threatte, MD	Slingerlands
Ken Traub	Rochester
Terry & Marcella	
Trudeau	Brushton
Velma & Sandra Ward	Brooklyn
Ed Hrylor & Karen	
Wojcik-Hess	Saratoga Sp.
Gwendolyn Wyman	Brooklyn
Levi Young	Buffalo

Rose Kryzak Fund Contributors

Priscilla Bassett	Grahamsville
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Sarah David	Brooklyn
Edith Diamond	Brooklyn
Edith Dressler	Flushing
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Joan Gahn	Kerhonkson
Noella Gilhooly	Albany
Cora Gilmore	New York
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Masters	Canton
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Cecelia McCall	New York
Glena Ruth McAllistar	Carthage
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Anne Mitchell	New York
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Sharon Murray Cohen	Kingston
Harriet Myers	Lawrence
Robert O'Connell	Clifton Park
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Diane Adele Pomeroy	Spring Valley
Helen Porter	Brooklyn
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Pearl Reeves	E. Elmhurst
Rosemary & Paul Reiss	Lake Placid
Cathy Roberts	Scotia
Adelle Rogers	S. Ozone Pk.
Sigilfredo Roman	Bronx
Cynthia Rudder	New York
Helen Sanders	Buffalo
Kathleen & Herb	
Sanders	Albany
Ebba Sayre	Bedford Hills
Judy & William Schultz	Scotia



Yes! I want my experience to count.

I want to join New York StateWide Senior Action Council.

Check box:

- Individual Membership \$ 15/year
- Couple Membership \$ 20/year
- Lifetime Membership \$ 150/individual
- Lifetime Membership \$ 200/couple
- Organization Membership \$ 75/year

Check box:

- New Member
- Renewal
- Contribution \$ _____
- Rose Kryzak Legacy Fund \$ _____

Name _____

Address _____

County _____ Affiliated Organization _____

Phone _____ E-mail _____

You can contact us at **518-436-1006**.

Please make your check payable to: **NY StateWide Senior Action Council**

Send this form to: **NY StateWide Senior Action Council,**

275 State Street, Albany, NY 12210

All dues and contributions are tax deductible.

If there an asterisk (*) next to your name on your mailing label, you currently owe your 2016 dues.



Rose Kryzak Fund Contributors (cont.)

- | | |
|---------------------|--------------|
| Nelsa Selover | Aurora |
| Kate Stella Sheldon | Copenhagen |
| Doris Sherwood | Suffern |
| Robert Sinacore | Slingerlands |
| Kathy & John Skelly | Heuvelton |
| Doris Smith | Moravia |
| Patricia Snyder | Albany |
| Anna Stellwag | Orangeburg |
| Ken Traub | Rochester |
| Arlene Tuff | New York |
| Darlene White | Madrid |
| Linda Wilkinson | Potsdam |
| Bobbie Willis | New York |
| Gwendolyn Wyman | Brooklyn |

New Organization Members

- | | |
|---|---------------|
| Association of Senior Citizens | Ft. Covington |
| City of Buffalo Division of Senior Services | Buffalo |
| IUE-CWA RMS-81359 | Melrose |

New Organization Members (cont.)

- | | |
|--|-------|
| Union Grove Baptist Church Sarah Coleman Senior Ministry | Bronx |
|--|-------|

New Lifetime Members:

- | | |
|------------------------------------|--------------|
| Randolf Weekes & Isilme Alleyne | Brooklyn |
| Carolyn Crawmer | Clifton Park |
| Henni Fisher | Brooklyn |
| Christina Giordano | Albany |
| Todd & Aida Horwitt | Albany |
| Arthur Johnson | Bronx |
| Mary Lawrence | Saratoga Sp. |
| Phyllis McCargar | Malone |
| Helen Murphy | New York |
| Ruth Pannell | Brooklyn |
| Charlotte Mclver & James Perlstein | Brooklyn |
| Robert Sinacore | Slingerlands |
| Michael & Lynne Strong Shinozaki | New York |
| Bobbie Willis | New York |

By joining StateWide, you can have an impact on state and federal issues of importance to older New Yorkers. You can also help spur your peers to become more knowledgeable about issues including:

Medicare, Social Security, prescription drugs, long-term care, patient's rights and budget issues.

With your membership, you will receive *Senior Action News*, information about our annual conference, local meetings and more! Updates are available on the Web at: www.nysenior.org.

STATE WIDE

New York StateWide Senior Action Council, Inc.

275 State Street, Albany, NY 12210 • (518) 436-1006 • Fax (518) 436-7642

www.nysenior.org



Mark Your Calendar

Upcoming Teach-ins: 10 AM to 11 AM

Dial-in Number: 1-712-832-8300

Password: 6258645

April 26

Learn about Alcohol and Substance Abuse Services for Older Adults. **Presenter:** Nicole McFarland, Ph.D. Executive Dir., Senior Hope Counseling, Inc.

May 24

How to get help for patients with dementia and their caregivers? **Presenter:** Erica Salamida, Program Manager, NE Chapter of the Alzheimer's Association.

June 21

How to compare Nursing Homes for services, quality and safety: The new 5 STAR rating system and other tools to choose the provider that's best for you. **Presenter:** Lakezia Carmichael, New York Regional Office for Medicare and Medicaid Services (CMS)



NY STATEWIDE SENIOR ACTION COUNCIL
Annual Convention **September 27-29, 2016**

Holiday Inn, Saratoga Springs, New York